### THE KNIGHT TIMES

December 8, 2023





### December 2023 Knight Times

#### **Lourdes Lambert**

Dear Families:

I hope this edition of the Knight Times finds you enjoying the season of Advent, and preparing your hearts and homes for the birth of our Savior.

As you receive this, we are busy finishing up the first semester and preparing for exams which begin next week. I hope that your child's semester has been a successful one, and that your family can rest and enjoy one another over the Christmas break.

As you recharge over the holidays, please take time to reflect on your experience thus far with your child. The break in semester is a great time to take a deep breath and take stock of where your child is and how we can help him or her be even more successful during the second half of the year. Here are some questions to help guide your conversation:

- · What went really well during the first semester?
- · If you could change one thing that happened first semester, what would it be?
- · Was there something that disappointed you during the first semester? What was it?
- · Are your grades reflective of the effort you put into your studies?
- · Were you well organized or do you need help to achieve better organization?
- Do you think you managed your time well? Why or why not?
- · How can we help you better manage your time?
- · Do you think you would benefit from meeting with your teachers before or after school for extra help?
- · Have you taken advantage of our National Honors Society study tables? Should you?
- · Are you being sufficiently challenged in your courses?
- · What are you looking forward to in the second semester?
- If you had to set one goal for yourself to achieve before the end of the school year, what would it be?

After you have this conversation, please don't hesitate to reach out to me if I can help you or your child improve their experience at our school. It is my honor to help students when they need it.

As we look towards the second semester, please note the following:

- The second semester will begin on Tuesday, January 9th. We will report to homeroom first that day to pick up second semester schedules.
- · We will celebrate Mass together Tuesday, January 9th as well.
- $\cdot$  First semester grades will be released on Friday, January 12th. I will notify you when those report cards are emailed to you.

May you enjoy your Christmas break surrounded by those you love and cherish, and may our God continue to bestow His many blessings upon us all in 2024.

With hope and gratitude,

Lourdes Lambert Principal

### Archbishop Alter High School First Semester Exam Schedule 2023

### FRIDAY - 12/15

8:30 a.m. - 10:00 a.m. -

**1st Period Exam** 

10:00 a.m. - 10:20 a.m. -

**Break** 

10:25 a.m. - 11:55 a.m. -

2nd Period Exam

11:55 a.m. - 12:00 p.m. -

**Announcements** 

### **MONDAY - 12/18**

8:30 a.m. - 10:00 a.m. -

**3rd Period Exam** 

10:00 a.m. - 10:20 a.m. -

**Break** 

10:25 a.m. - 11:55 a.m. -

4th Period Exam

11:55 a.m. - 12:00 p.m. -

**Announcement** 

### **TUESDAY - 12/19**

8:30 a.m. - 10:00 a.m.-

**5TH Period Exam** 

10:00 a.m. - 10:20 p.m. -

**Break** 

10:25 a.m. - 11:55 a.m. -

**6TH Period Exam** 

11:55 a.m. – 12:00 p.m. –

**Announcements** 

### <u>WEDNESDAY - 12/20</u>

8:30 a.m. - 10:00 a.m. -

7TH period exam

10:00 a.m. - 10:20 a.m. -

**Break** 

10:25 a.m. - 11:55 a.m. -

**8TH Period Exam** 

11:55 p.m. - 12:00 p.m. -

**Announcements** 

### CAMPUS MINISTRY



## The Generosity of Advent

**Heather Dunn** 

Sometimes I get a little snippet of my children sharing a conversation and I try to sneak in and listen from afar. A few days prior to St. Nicholas day, my two youngest children were sitting on a couch whispering back and forth about "the first St. Nicholas" and "the second one-which is actually Santa Claus" and a few other hushed comments back and forth about perhaps mention of a third St. Nick. Before I could eavesdrop any longer, they caught me and smiled and said "What?!?" I laughed and wished I could have had just listened in to one more minute of their elementary school boy "logic."

That night at dinner, Danny and I decided to have a conversation about the person of St. Nicholas and the impact it has on our lives and Advent. This week we celebrated the feast of St. Nicholas (December 6th) even though much of the rest of the world will tend to celebrate it on December 25th. I won't give you a full rundown on St. Nicholas' earthy life, but it's worth mentioning that there was a bishop named Nicholas whose parents died when he was young, and he chose to give away much of his inheritance to others. Not only did he give it away freely, but he also tried to be generous anonymously.

The spirit of St. Nicholas, as my family thought about it that evening, is to be generous without perhaps gaining any recognition. It sparked a conversation of how we too can be generous this Advent season. Obviously, we thought about gifts for those we love and how we could make people feel special, but we also talked about ways we could be generous this season without anyone knowing.

I encourage us all to look at ways we can be secretly generous like St. Nicholas this Advent season. Perhaps you can grab a giving tree ornament from Alter or your local parish and shop for a child or a person in need. Maybe you can pick up some new pajamas for Hannah's Treasure Chest on our Pajama Day Drive. Generosity during Advent doesn't always have to be about presents. You could leave a note for someone on their desk or in their mailbox, affirming them and telling them the good you see in them. St. Nicholas teaches us that generosity isn't about what we give, but that we thought about the good of another.

When Danny and I first started dating, we would meet up at UD and pray together in Serenity Pines which is a prayer garden on campus. We would each take turns planning prayer and it was a really beautiful snapshot into the other person's prayer life. To share how you pray with another person felt a bit awkward at first, but later turned into some of the best moments while we were dating. Danny shared this prayer that he had memorized about asking God to teach us to be generous. Let us ask the Lord (and St. Nicholas) to teach us to be generous with not only our money and presents this Advent Season, but also our time and our love.

St. Ignatius Prayer for Generosity:

Dear Lord teach me to be generous; teach me to serve you as you deserve, to give and not to count the cost, to fight and not to heed the wounds, to toil and not to seek for rest, to labor and not to ask for reward, save that of knowing that I do your will. Amen.

In Christ, Heather Dunn Director of Campus Ministry

### **ADMISSIONS**



### WHAT NOW?

Jessica Pettit

Hello Alter Knights!

With the December 1st application deadline behind us, many of our prospective students may be asking the question: "what now?" While the excitement of fall admissions events and shadow days is over, there is a lot of excitement still to come!

Admissions decisions for the Archbishop Alter High School Class of 2028 will be delivered on Wednesday, January 17, 2024. Please watch your email inbox on the 17th, and your mailbox shortly after, to discover whether you are part of our newest freshman class! Once these decisions are sent, we will enter into a silent period from January 17 until January 22. During this silent period, you will not hear from me or any other representatives of Catholic high schools in the area. This silent period is intended to provide a time for reflection and discernment. (If you have questions over these days, please know that you are welcome to contact Alter or any other high school- the silence is only on our end!)

After you receive your admissions decision, you will receive information about awarded scholarships and financial aid in the weeks following. It is our goal at Alter that you have all the details of your financial commitment prior to enrollment, so that families are able to make a decision with full understanding of what their out-of-pocket expenses might be. Enrollment for the Class of 2028 will begin on January 31, 2024.

So, you may be wondering what to do while you are waiting for January 17...

·As an eighth-grade student, it is important to continue to do your best in your schoolwork. The high school that you choose to attend will receive a final transcript from your elementary or middle school once the year is over. Passing grades in all core classes (Language Arts/English, Math, Social Studies, and Science) are required for all students entering high school. These last few months of middle school are an excellent time to focus on your studies to give you a firm foundation for ninth grade.

·Pursue your "alreadys" and outline your "not yets." Enjoy your last seasons of CYO sports, play your heart out in your final band and orchestra concerts, and sing with your school choirs. Begin to watch for tryout and audition information for the activities you are interested in at the high school level. Many of our high school activities begin conditioning, hold tryouts, or audition in the spring.

·Enjoy your holiday! Have a blessed Christmas and the happiest New Year! I send you my very best wishes for a season to remember!

Warmly,
Jessica Pettit
Director of Admissions

### **ACADEMICS**



## Tips For Academic Success

#### Jennifer Schlangen

Successful students attribute their academic accomplishments to being well prepared when it comes to tests and exams. One way these students achieve academic success as opposed to failure is by incorporating strong study skills into their daily routines. Every student is familiar with the term 'study skills.' But not everyone really knows or understands what they are or why they matter.

Study skills include a range of approaches to learning that improve one's ability to study, and to retain and recall information. Spending time on improving study skills, no matter how good your grades are, is time well spent. The key steps to studying include making a plan, getting your environment ready and using study techniques.

Making a plan includes:

- ·Create a time chart of your current activities
- ·Develop a schedule and stick to your schedule
- Determine your study goals
- ·Organize your materials first and then begin your active reviewing by topic

Things to think about when getting your environment ready:

- ·Go to your study space (do NOT study in the living room, etc.)
- · Eliminate distractions (turn off your phone)
- ·Think about using music if it is classical or instrumental

Using study techniques:

Cramming for a test does not work. Instead space out studying over several short periods of time over several days and weeks. The most effective practice is to work a short time on each class every day. The important thing is how you use your study time, not how long you study. Long study sessions lead to a lack of concentration and thus a lack of learning and retention.

Remember that reading is not studying. Simply reading and re-reading texts or notes is not actively engaging in the material. It is simply re-reading your notes. Learning information requires <u>actively engaging</u> in the material.

Create a study guide by topic. Formulate questions and problems and write complete answers.

Create your own flashcards and your own practice quizzes.

Derive examples that relate to your own experiences.

Create <u>concept maps</u> or diagrams that explain the material.

Remember that to be successful, you must be prepared. Finish the semester strong and good luck on your exams!

Merry Christmas,

Jennifer Schlangen Dean of Academics

### **GUIDANCE**







**Shannon Brown** 



**Cathy Waag** 

### Interested in participating in College Credit Plus (CCP) for the 2024-2025 school year?

A mandatory meeting will be announced when the date is finalized. Our CCP coordinator from Sinclair Community College, along with both Alter counselors, will be offering an informational session for parents AND students. One parent and the student are required to attend. If you have any questions about CCP and would like to know if this may be an option for your family, this is the ideal time to learn more about it from the experts. Again, communication on the date and time for this meeting will be forthcoming.

An additional item of note is for our seniors. Christmas break is a great time to do some scholarship searching. It may seem time consuming and tedious, but the best money is free money! As we head into the second semester, more and more scholarships will become available on your Naviance account. An email will be coming from our office with school resumes with some further information on local scholarships, so be looking for that!

Most importantly, we would like to wish all of our wonderful students and families much joy this Christmas season and peace in the coming New Year. Thank you for the special gifts you are to all of us. Blessings!

### STUDENT LIFE



## **Experiencing Different Challenges**

#### **Barbara Groene**

Now that the cold weather has arrived and winter brings shorter hours of daylight, teens seem to face new challenges. The sources of those challenges can be school, friends, family, or weather related. Exams and classes are on the forefront of students' minds. Family obligations during the holidays can produce financial stress in buying presents or attending so many family get-togethers. Activities with their friends have a different feel as they move indoors and outside activities that they enjoy are put on hold until spring. Less sun and cold weather often negatively affect the mood of many teens.

These behaviors are observed by many in the building, which leads to discussions about what can be done to help teens through this time. Here are a few ideas/tips that might be helpful/useful for your own child.

- Stress the importance of a good balance of rest, exercise and eating right. Unfortunately, there is no way to catch up on sleep but establishing a routine of when to go to bed and when to wake up can help them get the rest they need. Exercise is important for their mood. Try some exercise together like taking a walk even when it is cold outside.
- Create healthy routines for their mind like reading, playing music, creating art, game night, or a household project.
- Challenge them to stay connected to friends and grow their friendships. Having friends over for a movie night, or just hanging out without their phones are a good way to accomplish this.
- Make a mental health resolution by encouraging them to start a journal, meditating, yoga, and taking a break from social media.

Communication is the first step, so ask your teen to pay attention to where they feel this stress. Does it start as a sore throat, stomachache, headache? Understanding what the stresses are is the first step in helping them figure out how to overcome them, and result in improved mental health in the long and cold winter months.

Sincerely, Barbara Groene Dean of Students

### **TECHNOLOGY**





**Debbie Portman** 

Michael Dixon

As we get ready for the Christmas holiday, we thought we would share some gift ideas for your students. A few stocking stuffer ideas include cute stickers, AAAA batteries for the Dell stylus, flash drives, external USB hub, or an external/wireless mouse. When asking some of the faculty about their favorite technology gadgets, below are the suggestions.

For Freshman and Sophomores: the Dell hard sided computer case that also holds the stylus, a second computer charger so one can be left at home and one always carried with the student in their book bag. A final gift idea would be a backpack that has the computer pocket included.

For Juniors and Seniors: a 1TB SSD external hard drive that can be taken to college (more TB's if their field of study is in technology/graphic design/architecture, etc.); a Halo Bolt portable charging device.

I have had several senior parents reach out to me regarding purchasing a new computer for their child as a Christmas present. My recommendation would be to wait and make it a graduation gift. Many colleges and universities have strict computer requirements and if your child has not made their final decision, you might purchase the wrong computer. Also, certain majors may have specific requirements. For example, many students pursuing majors in the arts such as graphic design, digital design or music theory may be required to purchase a Mac with specific graphics capabilities. Finally, if your child has an iPhone, please be aware that the latest update added a new feature that is automatically turned on. This feature will automatically share information with phones in close contact. If your child has updated his/her phone and you would like to turn this feature off, please follow the following steps:

- 1. Go to Settings and select General Settings.
- 2. Under General select Air drop.
- 3. About halfway down the page is the setting option: start sharing by bringing devices together. Switch it to the off position.

We hope you and your family have a wonderful restful Christmas holiday,

Debbie Portman and Michael Dixon

Here are the reorder links for stylus and charger by grade level:

Senior and Junior charger:

https://www.lenovo.com/us/en/p/accessories-and-software/chargers-and-batteries/chargers/4x20m26268 Senior and Junior stylus:

https://www.lenovo.com/us/en/p/accessories-and-software/stylus-pens-and-supplies/stylus-pens-&-supplies\_pens/4x81l12874

Sophomore and Freshman charger:

 $\underline{\text{https://www.dell.com/en-us/shop/dell-usb-c-65-w-ac-adapter-with-1-meter-power-cord-united-states/apd/492-bcnw/pc-accessories}$ 

Sophomore computer stylus pens:

 $\underline{\text{https://www.dell.com/en-us/shop/dell-premium-active-pen-pn579x/apd/750-abeb/handhelds-tablet-pcs}}$ 

Freshman computer stylus pens:

https://www.dell.com/en-us/shop/dell-active-pen-pn5122w/apd/750-adqk/handhelds-tablet-pcs



# KNIGHT OUT

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F R I D A Y F E B R U A R Y 23,2024 \*\*\*\*\*

**→** NCR COUNTRY CLUB **→** 

STAY TUNED FOR DETAILS
TICKET SALES OPEN JANUARY 12





What? PAJAMA DAY @ ALTER

When? THURSDAY, DECEMBER 14th

('twas the night before exams)

Rules: You may wear pajamas (see rules below) if you bring a NEW pair of pajamas (see rules below) to your 1st period class

Pajamas will go to Hannah's Treasure Chest

### Rules for the pajamas you BUY:

If your 1st period class is on the:

first floor sizes 10-12

second floor sizes 6-8

third floor sizes 4-6

Seton Hall/Faculty/Staff sizes 0-3

### Rules for the pajamas you WEAR:

Any "cold" weather pajamas can be worn

Sweat pants and t-shirts are acceptable as pajamas

Slippers may be worn

No bare feet

## We were honored to host over 400 grandparents at the annual Grandparents Day Mass on November 20

Photos are available online.
Click HERE

"A grandparent is a little bit parent, little bit teacher, and little bit best friend"

– unknown







### Classes that end in 4 or 9...



### It's HIGH SCHOOL Reunion Time

**CLASSES** of 1969, 1974, 1979, 1984, 1989, 1994, 1999, 2004, 2009, 2014 & 2019

#### Let's connect!

The Advancement Office can help with your planning activities.

Contact Heidi Van Antwerp, director of engagement, at heidi.vanantwerp@alterhs.org or [937] 428-5331.

#### GIFTS TO THE CATHOLIC EDUCATION FOUNDATION

The Archdiocese of Cincinnati created the Catholic Education Foundation (CEF), a Scholarship Granting Organization (SGO) which is certified by the state of Ohio.

Ohio residents can make a gift to the CEF and earn a dollar-for-dollar tax credit of \$750 or \$1,500, if married filing jointly, when you direct your gift to Alter High School. These gifts to Alter will be used for financial aid for our families with demonstrated need. You will receive a tax credit for your Ohio income taxes for the calendar year your gift was made. This is a WIN-WIN for you and for Alter High School.



Scan the QR Code or go to www.CatholicBestChoice.org/SGO





Catholic Education Foundation - SGO 100 E. Eighth St. Cincinnati, OH 45202

For more information contact Robin Blank, Director of Advancement robin.blank@alterhs.org or 937-428-5330

HIGH SCHOOL

940 E. David Road, Kettering, OH 45429



### **ALUMNI SPOTLIGHT**



### Derek Willits '19 Receives Lt. Andy Zulli Award

Derek Willits, an alumnus from the Class of 2019, received the Lt. Andy Zulli Award from the University of Dayton. The award goes to a Flyer senior that best exemplifies the qualities of Lt. Zulli. A former UD football player, Zulli was killed in a military vehicle accident while serving in the Army in Germany shortly after his graduation in 1954. Lt. Zulli was not a football star during his time at UD but his qualities of sportsmanship, scholarship, and leadership were extraordinary in which this award was created in his memory after his death. Congratulations Derek! The Alter community is proud of your accomplishments both on and off the field!

### Grace Bradley '19 COVID- 19 Research Study

This past year, Grace Bradley '19, graduate from the University of Notre Dame, and current graduate student at the University of Notre Dame developed an interesting study. Grace studied the impact on the relationship between different coping mechanisms used during the COVID-19 lockdown and the struggles and impacts it had on relationships. Within her studies she found that violence and child abuse were among the most common in increased rates. This led to a desire for Grace to examine the reasoning for these increased rates. She also examined the types of behaviors that led to more positive outlooks during the pandemic. Grace has said she loves working in the lab and diving into each dataset with the people around her. We admire the work Grace has done and her dedication to her studies as she is a great embodiment of what it means to be a Knight. As mentioned, Grace is currently a graduate student at Notre Dame and is pursuing a Master's Degree from the Mendoza School of Business.



### **DID YOU KNOW?**

### Junior Reese Hornick Receives OPPA Award

Congratulations to Alter junior Reese Hornick for receiving the 2023 OPPA Youth Advocate Award for being a prevention advocate and role model to her peers. The Ohio Prevention Professionals Association (OPPA) is the membership association for prevention professionals and advocates who actively engage in efforts to champion prevention in Ohio. Formed in 1984 and incorporated in 1988 as the Alcohol and Drug Abuse Prevention Association of Ohio (ADAPAO), OPPA provides training, resources, and networking to its members while advocating on behalf of Ohio's prevention community and the people and communities their members serve. Great job Reese! We are so proud of your accomplishment!





### The Giving Tree



Each year, we hold our annual Giving Tree ceremony right after the Thanksgiving Holiday. This ceremony kicks off the holiday season by helping us remember what the Christmas season is all about. Each year our Giving Tree collects about 400 to 450 gifts. The gifts are then divided up and given to 3 different organizations for the less fortunate. These organizations include the Salvation Army, Hannah's Treasure Chest, and an individual person who works with her Church in West Dayton to help families. The impact of the Giving Tree is special. We thank all those who help donate gifts for this cause. We ask that gifts to support the Giving Tree effort be received by Tuesday, December 12th. The generosity of the Alter Community never seizes to amaze!

### STEM Talk guest: Mrs. Alison Ruffin '07

Mrs. Alison Ruffin, Alter graduate of 2007, is the Director of Clinical Nutrition and Lactation at Dayton Children's Hospital. A presentation about a dietitian influencing the life of a child with diabetes caught her attention as she was entering high school, but she also had passions in art and cooking. She decided to follow all her passions by combining her culinary/art ability with her science interest. She explained that students wanting to become a dietitian would complete a Bachelor's of Nutrition and then a Master's degree and internship. Then, there would be numerous areas of specialization that a dietitian could have, such as outpatient nutrition counseling, critical care and nutrition support, disease-specific care, sports nutrition, and more. Being a dietitian means being part of a team of professionals to help the patient thrive and to nourish the bodies via food. Thank you, Alison, for returning to Alter to share your career with our students.



### National Honor Society Charity Project

The National Honor Society students were brainstorming ideas for a charity project to focus on for the 2023-2024 school year. A recurring issue that came to our attention was a concern over food waste and food insecurities happening in our communities today. The students did some extensive research and found that the USDA shows that about 90 billion pounds of food goes uneaten each year, which is equal to \$372 per person, per year, wasted. Most of this waste was attributed to schools and hospitals. We also noticed, during lunches at Alter, a lot of food was being thrown away. We found that this was because the students were too full or didn't like what was packed. In addition, some students were not eating because some had no money in their lunch accounts or had food insecurities.

We did not like what we were seeing and wanted to do something to reduce food waste in our school. We decided to implement a Share Table. A Share Tables is a supervised table in our cafeteria where students can leave or take a snack, a piece of fruit, a drink, or a microwavable meal.

What can you do?

- Talk to your student about being mindful of food waste.
- Consider the right amount of food to pack for your student.
- Discuss with your child whether they think too much food is being packed.
- Consider packing an extra snack for a student in need.
- Donate individually wrapped fruit snacks, popcorn, chips, apples, bananas, microwavable meals, cup of noodles, Hot Pockets, Breakfast sandwiches etc.

Our Alter family will continue to reach out, give back and strive to take care of each other. We appreciate your support as we continue our efforts to reduce food waste in our community. Thank you.

God Bless and Go Knights.

Ms. Sanders



### THE ARTS

### **Castle Players "The Audition" Show**

The Castle Players opened their winter play, THE AUDITION on Thursday! To get tickets go to <u>alterhs.booktix.com</u>. Remaining shows: December 8th, 9th @ 7:30 p.m. and December 10th @ 2:30 p.m.

WHAT IS THE PLAY "THE AUDITION" ABOUT? A new theater teacher is bringing a production of A CHORUS LINE to the high school. Though the hopefuls range from shy to outrageous, and from diva-like to determined, everyone has a chance to step into the spotlight. This is a hilarious and heartbreaking look at the madness of auditioning and the actors who brave the process for that perfect part.

Come out and support these amazing students!

ALTER STUDENTS INVOLVED: Megan Brandt, Carley Carter, Keefe Carter, Lydia Collura, Caroline Columbus, Bella Contreras, Tyler Crider, Mia Crinion, Noah Duke, Hannah Feerer, Ava Fox, Willow Hall, Karina Haus, Reese Hornick, Joey Johnston, Sophia King, Libby Klatte, Jack Lampman, Olivia Lombard, Anna Leckey, Nate Miller, Xander Miller, Tristan Monteiro, Liv Oney, Kaleb Pickett, Tabby Powell, Grace Rooney, Elle Roth, Simon Roth, Riley Rubertus, Liza Russ, Caroline Schierloh, Jessie Shatto, Sophia Shenk, Theo Vu.

CHECK OUT A SNEAK PEEK: <a href="https://www.youtube.com/watch?v=AEdd51mQwUo">https://www.youtube.com/watch?v=AEdd51mQwUo</a>

#### DISNEY'S BEAUTY AND THE BEAST

Mark your calendars now for Disney's Beauty and the Beast! Show dates: March 8th, 9th, 10th, 14th, 15th, 16th, 17th.

#### STAY CONNECTED!!

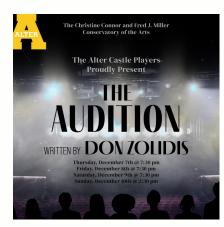
Facebook- Alter High School's Castle Players

Instagram- altercastleplayers

For up-to-date information about the Castle Players - please visit

www.alterhs.org/theatre

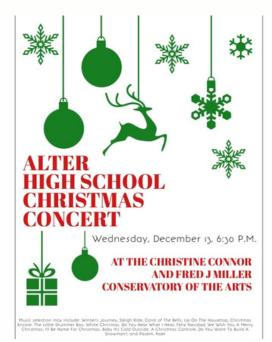
YouTube- https://www.youtube.com/channel/UCZCeWP2v7pAkxpAdRdSWTGA







### **Band & Color Guard**



Want to be a part of our Championship Band and Color Guard Family? YOU can Join Us! There are Marching Band opportunities for select 7th and 8th graders for summer and fall of 2024 as well as any Alter High School students. Contact us and audition and become a Champion. It's never too early or late to join us. #golittlebandgo

There will be opportunities for Alter High School students as well as area 7th and 8th grade Catholic school students to rehearse and perform with our Concert Band, Pep Band, Percussion Ensemble, Jazz Ensemble and Color Guard starting this January, 2024.

Concert Band - Mondays, 3:30 p.m.-5:00 p.m. (concert in May) Jazz Ensemble - Wednesdays, 3:30 p.m. -4:45 p.m. (concert in April) Percussion Ensemble - Thursdays, 3:30 p.m.-5:30 p.m. (concert in May) Color Guard Clinics and Performances January - May ...and select home Hockey Pep Band games - January - February

Contact Director of Bands, Todd Tucker and YOU can join the Alter team starting in January!

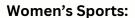
todd.tucker@alterhs.org

Be Known. Be Loved. Be a Champion, with the Alter Band and Color Guard.

### **ATHLETICS**

### **FALL ATHLETIC REVIEW**

All of our fall sports had successful seasons, and represented Alter in a exceptional manner on the field of competition. Special congratulations to our Seniors for their leadership and efforts during the fall sports' season. Some of the outstanding performances this fall were:



#### Golf

- GCL Player of the year Lauren Miller
- Sectional Champions
- Individual State qualifier Lauren Miller

#### **Volleyball**

District Runners-up

#### **Tennis**

- GCL Champions
- GCL Coach of the Year Zach Savino
- State qualifiers doubles team of Annie Gayonski and Annie Schaefer

#### **Men's Sports:**

#### **Football**

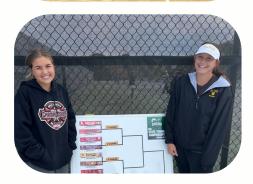
- Qualified for the State Football Playoffs for the 23rd straight season.
- Regional Champions
- State Runners-Up
- GCL Defensive Player of the Year Henry Reifschneider

#### Golf

- GCL Champions
- District Champions
- REPEAT State Champions
- GCL Player of the Year Davis Gochenouer
- GCL Coach of the Year Alex Schuster











### Hockey

The Knights had another exciting weekend of hockey, with our Meet the Knights event and our home opener against Mason last Saturday. Alter battled, coming out of intermission trailing Mason 5-3. With a total team effort, the Knights scored 5 goals in the third period to take the win over the Comets 8-6. Goals came from sophomores Logan Adams (4) and Evan Schulz (3), and senior captain, Danny Mahoney. And those goals would not have been possible without some beautiful assists coming from Evan Schulz, Jake Henry, Eli Graeter, Danny Mahoney, and Adam Rider. Sophomore goal tender, Thomas Drake, had a great game stopping 22 shots from the Comets. We have a busy weekend coming up with 3 games scheduled. Let's pack the house for our cross-town rivalry with Beavercreek this Friday at 10:00 p.m. at Kettering Rec. On Saturday, we'll be back at Kettering Rec to honor some of our favorite teachers in our Teacher Appreciation game. Pregame ceremony is at 4:00 p.m., with a game against a tough Owensboro High School opponent traveling up from Kentucky. We wrap up play on Sunday night with a league game against Elder at 6:00 p.m. in Cincinnati. We hope to see you all at the rink to support the hockey Knights and our teachers this weekend! Admission is FREE.



### **Boys' Basketball**

A series of boys' basketball games will be livestreamed on AlterKnights.tv this season. Please see the scheduled games below:

December 8th- Alter vs. McNicholas (Broadcast starts at 7:15 p.m.)

**December 10th-** Alter vs. Dunbar (Game being streamed on Hudl. Click <u>HERE</u> for link.)

December 12th- Alter vs. CJ (Broadcast starts at 7:45 p.m.)

**December 15th-** Alter vs. Fenwick (Broadcast starts at 7:15 p.m.)

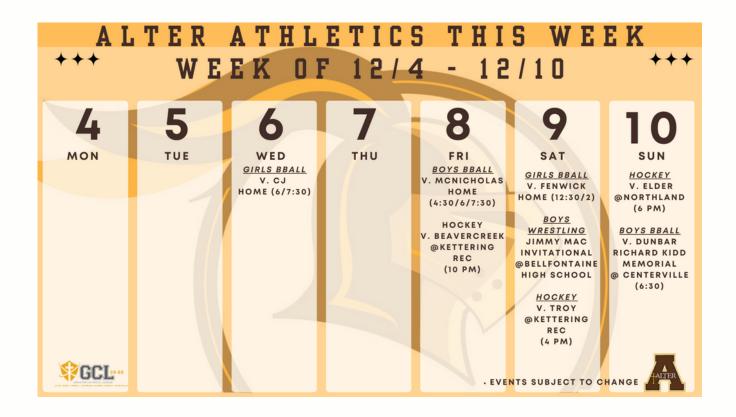
January 9th- Alter vs. Beavercreek (Broadcast starts at 7:15 p.m.)

February 6th- Alter vs. Fairmont (Broadcast starts at 7:15 p.m.)

February 9th- Alter vs. Carroll (Broadcast starts 7:15 p.m.)

February 13th- Alter vs. Northmont (Broadcast starts at 7:15 p.m.)

February 16th- Alter vs. Badin (Broadcast starts at 7:15 p.m.)



### REMINDERS

### **School Office Hours:**

7:30 a.m. - 3:45 p.m.

### Café Menu

Please click the link below to view the menu for next week:

### Click Here

### **Spirit Store Hours:**

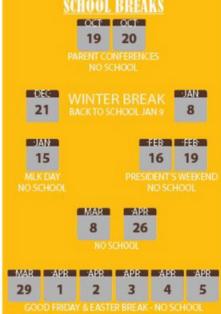
Wednesdays:

10:45 a.m. - 12:30 p.m.

3:05 p.m. - 3:30 p.m.

Shop the online Spirit Store: Click Here







### ARCHBISHOP ALTER HIGH SCHOOL 2023-2024 CALENDAR

#### August

10/11: New Teacher Orientation

14: Teacher Workday

15: Teacher Workday

16: Freshman First Day

17: First Day All students

17: All School Mass

17: Fairmont Game

19: Freshman Social Backyard Party

23: Underclass Pictures followed by Senior Panoramic

23: Meet the Teacher Night 6:30-8:30pm

#### September

1: First Friday Mass

1-3: AlterFest

4: Labor Day - No School

13: ALTER: All Access Admissions Event - Faith and Spirit

14: All School Mass

15: Homecoming Game

16: Homecoming Dance

19-22: Kairos 117

24-25: Junior Retreat

29: Scholarship Breakfast

5-8: Fall Musical (The Conservatory)

6: First Friday Mass

6: End of the First Ouarter

11: PSAT (No School Freshmen, Sophomores & Seniors)

12: ALTER: All Access Admissions Event - Arts and Athletics

14: Turnabout and Freshman Social Bowling

17: All School Mass

18: Pre-ACT (No School Freshmen, Juniors & Seniors)

19: Knight of Gratitude

19: No School, Parent Conferences (11-7)

20: No School

#### November

1: All School Mass

2: All Souls Prayer Service

3: First Friday Mass

4: Band State Competition

9: ALTER: All Access Admissions Event - Academics

and Admissions

10/11: Band Grand Nationals - Indianapolis

12/13: Junior Retreat

14-17: Kairos - 118

18: High School Placement Test

20: Grandparents Day and All School Mass

22-24: Thanksgiving Break - No School

27: Giving Tree Assembly

#### December

1: Deadline for Class of 2028

Application, Financial Aid, Scholarships

1: First Friday Mass

7-10: Winter Play (The Conservatory)

8: All School Mass

12: Advent Reconciliation

13: Band Christmas Concert

15: Exams 1 and 2 - noon dismissal

18: Exams 3 and 4 - noon dismissal

19: Exams 5 and 6 - noon dismissal

20: Exams 7 and 8 - noon dismissal

21: Exam Make Up Day, teacher work day

21- Jan 8: Christmas Break - No School

#### January

8: Teacher Work Day

9: First Day for Students (Tuesday)

9: All School Mass

15: Martin Luther King Day - No School

20: Freshman Social Dodgeball

23-26: Kairos 119

27: Lip Sync Battle (The Conservatory)

28-29: Junior Retreat

29: Catholic Schools Week begins

30: All School Mass

31: Area Catholic Schools Week Mass

#### February

1-2: Catholic Schools Week continues

2: 1st Friday Mass

6/7: IOWA - Freshmen

9: Winter Pep Rally

12-15: Alter Week of Giving

13: Alter Love Telethon

14: Ash Wednesday Mass

16: No School

19: No School - Presidents Day

22: Knight of Celebration - Class of 2028

23: Knight Out Event

28: Sophomore Retreat

#### March

1: First Friday Mass

5: Lent Reconciliation Services

6: Class of 2028 Scheduling 4-7pm

7: End of 3rd Quarter

8: No School

8-10: Spring Musical - The Conservatory

12: All School Mass

14-17: Spring Musical - The Conservatory

19-22: Kairos 120

23-27: Senior Trip

28: Holy Thursday Prayer Service

29: Good Friday - No School

#### April

1-5: Easter Break

17: All School Mass

24: Band Jazz Concert

25: Freshman Retreat

26: No School

#### May

3: Sophomore Surprise

3: First Friday Mass

4: Prom & Freshmen Formal

7: All School Mass

6-10: AP Testing

10: Tentative PM Assembly Pep Rally

13-17: AP Testing

16: Graduation Practice for Seniors after exam

17: Senior Awards Assembly - 8:30am Gym

17: Baccalaureate Mass and Dinner 6:00pm

18: Graduation - Trent Arena - 9:30am

20: Exams 8 and 7 - Noon Dismissal

21: Exams 6 and 5 - Noon Dismissal

22: Exams 4 and 3 - Noon Dismissal

23: Exams 2 and 1 - Noon Dismissal **End of Semester** 

ALL DATES ARE SUBJECT TO CHANGE.