

THE KNIGHT TIMES

January 19th, 2024

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Lourdes Lambert

January 2024 Knight Times

Dear Families:

I hope the second semester is off to a great start in your homes. January is sometimes a mixed bag of blessings as we look forward to snow days and Spring, but there is always a bright spot in a sometimes weather dreary January. Beginning on January 29th, we will celebrate Catholic Schools' Week. This annual celebration will involve a week of treats and fun activities, and often feels like a party we throw for ourselves, but it is also an important week to recognize and recelbrate the choice of giving our children a faith based education.

As many of you know, I did not have the opportunity to attend Catholic schools growing up. My parents emigrated from Cuba, and did not have the financial resources to send my sister and me to Catholic school. I am sure there was financial aid at the time, but it wasn't something they explored or knew how to explore, I think. In spite of this, we attended CCD classes and Mass weekly, and faith was the center of our home always.

I remember clearly telling my mom and dad that I wanted to provide a Catholic education for my children. I remember explaining to them that though I know I received a good education, that I wanted my children to have the opportunity to pray in school, attend Mass with their classmates, and learn and grown in their faith daily. It was really important to me to give them this opportunity, and I am blessed that my husband thought it was equally important. We have never regretted our decision of a Catholic education for our daughters.

I know that many of you share this same sentiment, and that you work hard to provide a Catholic education for your children. Thank you for the sacrifices you make, for the time, talents and treasures you invest, and for the opportunity you are providing to your children. This opportunity and investment is one that I am sure will reap many others, and, whether they know it yet or not, it is one for which your children will always be grateful.

May God continue to guide our ministry with all of our children, and may our God bestow His many blessings upon you during this second semester of the school year, Catholic Schools' Week, and always!

With a grateful heart,

Lourdes Lambert
Principal



United in Faith and Community

Heather Dunn

Last week, I had the opportunity to go on a retreat with other Campus Ministers and Religion teachers in the Archdiocese of Cincinnati. With a busy month ahead, the idea of driving down to Cincinnati and missing a whole day of my “to do list” was almost enough to make me not go. Throw a sprinkle of Catholic guilt in there along with my people pleasing ways, and sure enough I found myself driving down on I-75 to go on retreat. As we all know how these stories go, God wanted me there.

It was so delightful to BE on a retreat and not lead a retreat. Don’t get me wrong, without a doubt one of my favorite things about my job and what I probably spend the most amount of time working on is retreats. However, for the first time in the past year and a half, I was not in charge! I didn’t need to worry if we had the copies, music, if everyone was in the right place, etc. I simply just got to sit and listen to the voice of God.

Our retreat leader, Fr. Jason, gave two main reflections and gave us plenty of time to just pray and listen. It was during his last reflection that really seemed to resonate with my small group and myself that day. He asked us to look to our right and to our left and note that it was Christ who sat next to us. I have reflected on this idea many times in my own personal prayer life, but for some reason it struck me differently on this day. Perhaps it was because I was not sitting at a table with people I had previously known; I had met three of the people just that morning and I was being told they were Christ. Fr. Jason didn’t say that they were the hands and feet of Christ. He didn’t say they were the image of Christ. He didn’t say they reflected Christ. He said: they ARE Christ. Whether I had known them my whole life, four hours, or a matter of seconds, he was right. They are Christ.

The theme for Catholic Schools week for 2024 which we celebrate at the end of the month is “United in Faith and Community.” I love this theme and I think it is a perfect reflection for us here at Alter High School as I think those are two things we do well. I have seen and witnessed firsthand the commitment of this community to one another. All those retreats I have led and experienced have given me the front row seat to observe faithful witnesses and support for one another on our faith journeys. The faculty and staff are currently spending time during a homeroom period each Friday to lead a God Squad; following a prompt, they are putting their faith in action into our community to grow alongside our students.

Fr. Jason’s reflection during the retreat brought up a quote I read from the theologian C.S. Lewis when I was in high school. It had a profound effect on my life then and it resurfaced when I was prompted to see Christ next to me. C.S. Lewis said in his book *The Weight of Glory*, “Next to the Blessed Sacrament itself, your neighbor is the holiest object presented to your senses.”

As we kick off Catholic Schools Week at the end of this month, may we be reminded of Christ who sits next to us: in class, at work, during Mass, at a sporting event, on stage in the theater, etc. We are united as a Catholic school in faith and community when we can recognize Christ next to us. May our eyes and hearts be opened as we see the holiest object presented to our senses as the person God has placed right before us.

In Christ,
Heather Dunn
Director of Campus Ministry

ADMISSIONS



Jessica Pettit

Building a Freshman Class

Admissions decisions for the Class of 2028 were sent on Wednesday, January 17th and it is now our turn to (perhaps somewhat anxiously) await the decisions of our prospective students as they take time to discern. We were blessed to receive applications from so many accomplished, high-achieving, creative, and committed students and are certain that our incoming freshman class will not only uphold the standards of Archbishop Alter High School but will continue our school's great legacy.

What are the characteristics that we look for when evaluating applicants? What are the principles that guide our decision making and help us to identify future Knights?

FAITH

Of course, we are always looking for students who have shown dedication to cultivating their faith. This can be evidenced by their attendance at a Catholic school, membership in a church or local parish, community outreach and service, care for others, interest in continuing their faith formation in a Catholic high school, and an intention to participate in faith-based organizations at Alter. These students may be Catholic, but this is not a requirement. Our requirement remains simply that students follow the example of Jesus Christ and his command that we "love one another." Alter Knights value their faith and their community.

PRIDE

We desire that our applicants demonstrate pride. Pride in their work, including the schoolwork they submit, the essays that they write, and the tests that they take; and pride in themselves: including the activities they participate in, the goals that they set, and the friends that they surround themselves with.

SPIRIT

We love to see our students' spirit. We love to learn what they are passionate about and find ways for Alter to support them in their passions. We love to learn who they are today, and who they hope to be tomorrow. We love to see the ways in which these new students can contribute to our community as it is now and how they can move Alter forward.

I cannot wait to welcome our newest students to the building in the coming months and cannot wait to witness the ways in which they will grow and change as they experience Alter High School. It was my pleasure to meet these fantastic eighth graders and it will be a joy to see them walk through our doors as Knights in August.

ACADEMICS



Jennifer Schlangen

A New Year - A New You

Every year, January ushers in a renewed optimism for change, for a better life, for a better you. And that is a wonderful thing. This fresh start gives us a chance to reinvent our lives and ourselves. It allows us to reinvigorate ourselves, to shed the baggage of the previous year and do anything. This fresh start is also reflected in a new semester at Alter where students are given the opportunity to start over in their classes.

One key to success in the semester is organization. Staying organized makes it easier to know which tasks to complete for which classes. Creating a schedule for yourself to follow may result in you accomplishing even more tasks. Organization may help you get better grades by making it easier to prepare for assignments well before they are due. It can also increase your confidence by allowing you to better allocate your time to study for tests and exams. Developing a plan for completing your assignments and creating a schedule to adhere to can help you feel less stress and have more time in your life to do the things you enjoy. Reducing stress can also help you focus more on studying and completing your assignments. When you are organized, you can better prepare yourself for expected and unexpected situations. Organization can help you remember when to attend class, meetings, appointments, practices, and it lets you know how much time you have in a day to complete tasks.

There is also a vast array of school supplies available dedicated to keeping materials organized. They can keep everything you need for your classes and assignments together so that nothing gets lost or misplaced. Consider using a planner to write down your schedule and assignments as you are given them. Use the various pockets in your backpack to organize your items so that you know exactly where to find them. Keep your writing utensils together in a pencil pouch to avoid digging through your backpack before each class or losing supplies. Folders keep all papers for a class in one central location and use a different folder for each course to find items more easily. Use a notebook for each class to keep all relevant information together.

January rings in a new year, a new month, and a new season. Many of us suffer from complacency. We continue to follow the same patterns of behavior, wishing we were doing better, but failing to take steps towards change. A new year provides the chance to transform. No matter which tools of organization you use, the most important thing to keep in mind is that you have brand new opportunities this semester to make yourself into the best version you can. By metaphorically hitting the 'reset' button you are given mental clarity and internal motivation to put your best foot forward. So, maximize the opportunity of this fresh start with optimism.

Looking forward to new beginnings,
Jennifer Schlangen
Dean of Academics

GUIDANCE



Kristen Hammaker



Shannon Brown



Cathy Waag

Peak season for scholarship searching and applying is here, so be sure to utilize all the resources you can to optimize your prospects for financial awards. Seniors will be receiving emails from our office in the coming weeks with further information on local scholarships, including links and instructions on how to access scholarship opportunities on Naviance. Don't forget to take advantage of the wonderful assistance Mrs. DeRosa can provide through Class 101 as well. We are all here to help in any way we can!

Interested in participating in College Credit Plus (CCP) for the 2024-2025 school year?

A mandatory meeting will be held in late February and will be announced once the date is finalized. Our CCP coordinator from Sinclair Community College, along with both Alter counselors, will be offering an informational session for parents AND students. One parent and the student are required to attend. If you have any questions about CCP and would like to know if this may be an option for your family, this is the ideal time to learn more about it from the experts.

Here are some often asked questions regarding CCP that can help in deciding whether or not to participate:

What kind of credit am I earning from CCP?

Students who participate in CCP earn high school and college credit simultaneously. This can help you begin your college education while finishing high school. Keep in mind that your grades in these classes must transfer to the college you ultimately attend, thus beginning your college GPA.

When can students participate in CCP?

Classes are offered during Sinclair's fall, spring, and summer terms.

Are students responsible to pay for CCP classes?

Students who fill out the appropriate forms may apply for funding from the state of Ohio, which may cover your CCP costs. This is not a guarantee for private school students.

Can I take a class during the school day?

You may take a class during the school day but be prepared to be absent from Alter for 2-3 periods on class days to allow for class time and travel. If an Alter class that you need only occurs once a day and it is during the Sinclair course, you will not be able to enroll in that class at Sinclair. Also, keep in mind that you must be present at Alter for all 8 periods on days when you do not have classes at Sinclair. You will attend study halls on those days.

Can I be enrolled in extra-curriculars and take CCP classes?

Some of the classes at Sinclair are offered at times that overlap with our after-school extra-curriculars.

Do the academic calendars of Sinclair and Alter align?

No, thus CCP students should be prepared to have classes when Alter students are out of school and vice versa. This includes holiday breaks, spring break, summer break, etc.



Barbara Groene

Social Media: A Benefit or a Risk?

Social media has become important in our everyday lives, especially for teenagers. Gone are the days of turning the TV on to get the news, weather, and learning about others. These platforms can expose teens to current events, allow them to interact with a wide variety of people, teach them about a variety of subjects, and for entertainment and self-expression. Social media that's humorous or distracting that provides a meaningful connection to peers and a wide social network might even help teens avoid depression.

As a parent or caregiver, you are the expert on your child. You know their strengths and areas of vulnerability. Unfortunately, social media use can negatively affect teens, distracting them, disrupting their sleep, and exposing them to bullying, rumor spreading, unrealistic views of other people's lives and peer pressure. Personally, I know that sometimes at night I start scrolling through one platform and an hour and a half to two hours has gone by and I realize I went down that rabbit hole. How can you help your teens be smart users of social media, avoiding harm, and gaining maximum benefits?

In researching constructive ways to curb the misuse of social media, I came across some helpful tips from the Mayo Clinic. Below is a summary of the steps you can take to encourage some of the negative effects caused by misuse of social media.

- Set reasonable limits. Talk about how to avoid social media interfering with activities, sleep, meals, or homework. Encourage a routine that avoids electronic media use while in bed. Set an example by following these rules yourself.
- Monitor social media accounts. Let your teen know that you'll be regularly checking social media accounts. You might aim to do so once a week or more. Make sure you follow through.
- Explain what's not OK. Discourage gossiping, spreading rumors, bullying, or damaging someone's reputation, online or otherwise. Talk about what is appropriate and safe to share on social media. Teens often create posts without thinking about the consequences. Remind them that posts could surface on the internet years later, and damage opportunities for them.
- Encourage in person time with friends. This is particularly important for teens vulnerable to social anxiety disorder.
- Talk about social media. Ask about their use of social media and how it makes him or her feel. Remind your teen that social media is full of unrealistic images and lifestyles that are untrue.

For additional information on this article, please use the following link:

[Teens and social media use: What's the impact? - Mayo Clinic](#)

If your teen is struggling with the overuse of media, consult with your children's pediatrician or guidance counselor on what your kids are viewing, how much time they are spending with media, and privacy and safety issues associated with social media and Internet use.

Respectfully,
Barbara Groene
Dean of Students

TECHNOLOGY



Debbie Portman



Michael Dixon

Happy New Year from the Technology Team! As you are getting started with a new semester and making new year's resolutions, this is a great time to evaluate how you've organized yourself digitally.

How do you would answer the following questions:

- What worked well for you last semester regarding how you're digitally organized?
- What should you change to improve how you're organized and where you find your work?
- Do you need to create new file folders and OneNote Notebooks?
- What folders should be archived?
- What documents and emails could be deleted?
- How often do you restart your computer? (This should be done once a week on campus.)
- How often do you check your email? (This should be done twice daily, a.m. and p.m.)

The Technology Team can help you create your new folders and Notebooks if you don't remember how to do so. Come find us: Mrs. Jan Miller – 210; Mrs. Portman – 211; Mrs. Conner – 212. How is your computer? Do you need to have Mr. Dixon look at anything that is not working properly? If you have an issue, please stop in to see him in room 310.

Soon you will start to get notices that passwords must be changed. Please remember these important steps:

1. It must be changed on campus and on the school WIFI.
2. Once the password is changed, the computer must be restarted to sync with the server.
3. The password must include all the following: 1 capital letter, 1 lowercase letter, 1 number, 1 special character and be at least 8 characters long. It may not contain part of your name and cannot be one you have used the past 8 times you have changed your password.
4. If you want to use the same password for RenWeb, Moodle, textbook sites, and other sites you use on a regular basis, change those passwords at the same time.

If you are in need of a new charger or stylus, please see the links below.

Senior and Junior charger:

<https://www.lenovo.com/us/en/p/accessories-and-software/chargers-and-batteries/chargers/4x20m26268>

Senior and Junior stylus:

https://www.lenovo.com/us/en/p/accessories-and-software/stylus-pens-and-supplies/stylus-pens-&-supplies_pens/4x81l12874

Sophomore and Freshman charger:

<https://www.dell.com/en-us/shop/dell-usb-c-65-w-ac-adapter-with-1-meter-power-cord-united-states/apd/492-bcnw/pc-accessories>

Sophomore computer stylus pens:

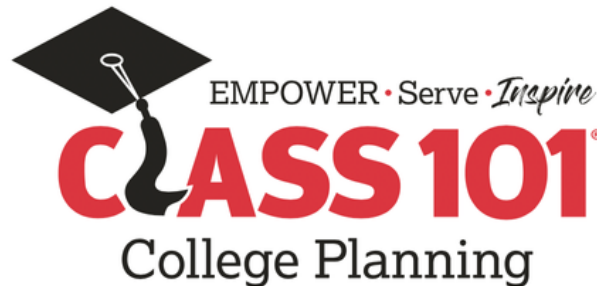
<https://www.dell.com/en-us/shop/dell-premium-active-pen-pn579x/apd/750-abeb/handhelds-tablet-pcs>

Freshman computer stylus pens:

<https://www.dell.com/en-us/shop/dell-active-pen-pn5122w/apd/750-adqk/handhelds-tablet-pcs>

TAYLOR RESOURCE CENTER

Class 101 is at the Taylor Center! Make a Resolution to Visit in 2024!



During the month of January, all students in grades 10-12 are invited to the Taylor Center for small group workshops to work on their high school/college application resume, college research and list building, and exploring majors.

RESUME WRITING: January 10th, 24th, 31st

All Seniors, Juniors, and Sophomores are invited to the Taylor Center to draft their resume with Class 101 during their unstructured period or study hall. High school is not too soon for a resume, and Alter students can benefit from an organized presentation of their activities for elite programs, summer jobs, pre-college programs, and a preview of their college applications.

COLLEGE LIST & EXPLORING MAJORS: February 14th, 21st, 28th and March 6th, 13th, 20th

All Juniors and Sophomores are invited to work on their college list and explore majors with Class 101 during their unstructured period or study hall. This is the ideal time to consider college fit preferences, plan ahead for spring break and summer college visits, and understand the admissions requirements for various colleges.

UNDERSTANDING ENROLLMENT & COLLEGE OFFERS: March and April Seniors are always welcome to visit the Taylor Center to review their acceptances and financial aid/scholarship offers from colleges with Class 101. March and April meetings will be the best time for this.

Class 101 Invites all Alter Students and their families to our online programs

CLASS 101 ONLINE COLLEGE NIGHTS

Class 101's College Night allows students to virtually review a college of interest, meet with admissions, hear everything the school has to offer, and ask questions from those who know it best. Here is the online schedule:

Miami University: January 24th at 7:30 p.m.

<https://us06web.zoom.us/join/zoom-join-link/tZEsd-qprD8vHtQm2HilvFd42hr6A6l2dnnz#/registration>

Auburn University: February 8th at 7:30 p.m.

https://us06web.zoom.us/join/zoom-join-link/tZEvdOuqqTlqGtCN_Xms8ohh7yXSV3J-JTRE#/registration

Week of Giving

Alter will be celebrating our annual Week of Giving February 20-24. During the week we will be asking for gifts to The Alter Fund.

Why The Alter Fund?

While tuition dollars cover much of the yearly expenses, they do not cover all, and The Alter Fund is the oxygen that allows Alter to not just operate, but to thrive. It is our ongoing cornerstone gift raising effort for revenue that is used in the current fiscal year. These dollars help make up the crucial difference between tuition and the true cost to provide an Alter education to all of our students.

By investing in The Alter Fund, you are supporting our efforts to stay faithful to our mission and to continue shaping tomorrow's leaders.

We invite you to join us for our Knight Out celebration on February 23rd, which is the culmination of our Week of Giving. All funds raised from the evening, including our special Alter silent auction items, will go towards The Alter Fund.

Tickets are available now! For information and to purchase tickets go to alterhs.org/knight-out-24/. Stay tuned for details about our auction items – which will only be available in person at the Knight Out.



DID YOU KNOW?

Knights of Columbus Scholarship Award

Congratulations to freshman Serena Paul for being a Knights of Columbus scholarship winner! The Knights of Columbus scholarships provide around 30 scholarships to 71 Ohio Catholic Schools. Over the last 27 years, the Knights of Columbus Scholarship program has awarded over \$874,000 in scholarships. Congratulations Serena on this outstanding accomplishment!



Diya Percy - 2nd Runner Up in DYW of Ohio Competition

Alter senior, Diya Percy was chosen as Second Runner-Up in the Distinguished Young Women (DYW) of Ohio competition in Marysville, Ohio.

Diya was selected as Distinguished Woman of Montgomery County earlier this past fall and was among the candidates participating in this state-wide competition which was held from November 1st – 4th in Marysville.

The Distinguished Young Women program has existed since 1958 and is part of a national scholarship program that promotes and rewards scholastics, leadership and talent in young women.

DYW's mission is to empower young women to reach their full potential by providing scholarship opportunities for college as well as personal development to become confident, intelligent, strong, ambitious and self-driven young women.

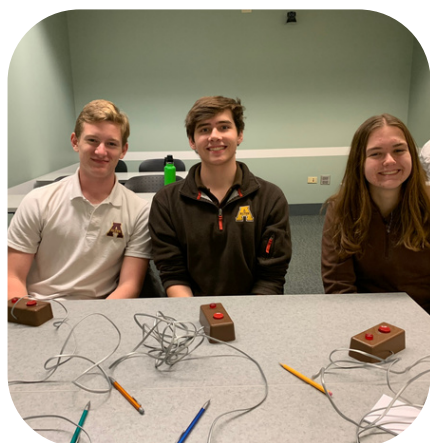
Among its national award winners are journalists Diane Sawyer and Deborah Norville, and the current Governor of Alabama – Kay Ivey.

DYW participants earn scholarships for higher education, personally develop through the DYW Life Skills Workshops, and make new friends from around the state.



Kyri Brose- Youth Achievement Award

Congratulations to senior Kyri Brose for receiving the Youth Achievement Award from the Dor-Wood Optimist Club at their weekly luncheon at the Presidential Banquet Center. She is was recognized for her management of the recent blood drive at Alter as she was nominated by our school nurse Mrs. Jeanne Kernan. We are proud of Kyri and this well deserved recognition and award!



The Academic Teams' Success Continues!

The Alter academic team had two matches this week as they beat Mercy-McAuley 68-63 and Elder 52-50. The team is now 6-1 and in 2nd place in the GCL on the season with their only loss coming to St. X before Christmas break. We are very proud of the academic teams accomplishments as they continue to press forward in these competitions. Go Knights!

Riley Smith Hits 1,000 Career Points

Alter Girls' basketball player and senior Riley Smith totaled 1,000 career points in the girls' game vs. Ghana Lincoln High School on Saturday, December 16th. This has placed Riley in an elite group of Lady Knights! Riley also attained 500 career rebounds vs. McNicholas High School. We look forward to watching Riley continue to have an incredible senior season.



Holy Moments

For our Holy Moment God Squads this week, students and staff were encouraged to reach out to someone who impacted their life and tell them what they mean to you. This could have been a family member, a teacher, a friend, a coach, anyone who impacted your life. Everyone was told to think of someone who made a difference and give them a call, send a text, or tell them in person!

And remember, some moments are holy. Some moments are unholy. You decide!

THIS WEEK'S HOLY MOMENTS PROMPT IS:

Reach out to someone who impacted your life and tell them what they mean to you.


THE ARTS

Castle Players

Rehearsals are underway, and costumes and props have begun arriving for the Alter Castle Players' Spring production of Disney's *Beauty and the Beast*! Performances will be March 8th-10th & 14th -17th, with tickets going on sale to the public starting Monday, February 19th at 8:00 a.m. Mark your calendars to visit alterhs.booktix.com on that day, as we expect performances to sell out! Also, stay tuned for information on a 12 and under meet and greet with Belle before the performances on the 10th and the 17th.

ALTER The Christine Connor and Fred J. Miller Conservatory of the Arts

The Alter Castle Players
Proudly Present



Disney BEAUTY AND THE BEAST
THE BROADWAY MUSICAL

MUSIC BY **ALAN MENKEN**
LYRICS BY **HOWARD ASHMAN & TIM RICE**
BOOK BY **LINDA WOOLVERTON**

MARCH 8, 9, 14, 15, 16 @ 7:00 PM
MARCH 10, 17 @ 2:00 PM

DIRECTED/CHOREOGRAPHED BY **MEGAN WEAN SEARS**
MUSIC DIRECTED BY **DAVID BRUSH**

\$17 Adults | \$14 Seniors/Students/Military

 Tickets go on sale February 19th
Alter Activity Passes Accepted
Buy tickets at alterhs.booktix.com
Box Office: 937-660-8976

For up to date Castle Players information, visit alterhs.org/theatre

DISNEY'S BEAUTY AND THE BEAST is presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI. www.mtishows.com

Band and Color Guard

For area 5th - 8th grade band students:
Join the "Coolest Band" around, the Alter Pep Band for some fun at an Alter Hockey game. Select one or both dates in the registration form and come and play with the Alter Pep Band. Please complete registration form/parental agreement in the link provided.

Music will be emailed to the registered email address. For questions, please contact Alter HS Director of Bands, Todd Tucker. Todd.tucker@alterhs.org.

Please submit this registration form by TODAY Friday, January 19th, 2024.

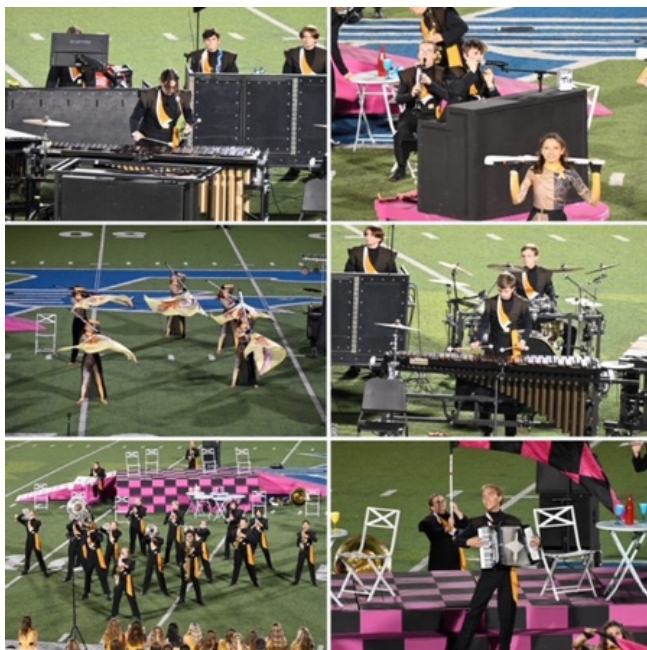
Sign up HERE: <https://forms.gle/sPevWFHEu7ash6zV6>

There are opportunities for area 7th and 8th grade Catholic school students to rehearse and perform with our Concert Band, Percussion Ensemble, and Color Guard starting this month.

Concert Band - Mondays, 3:30 p.m.-5:00 p.m. (concert in May)

Percussion Ensemble - Thursdays, 3:30 p.m.-5:30 p.m. (concert in May)

Color Guard Clinics Monday evenings, beginning January 22nd, 5:30 p.m.-7:30 p.m.



ATHLETICS

Hockey

The Knights traveled to Strongsville last weekend for the Walter Ehrnfelt Memorial Tournament. After two big wins over Worthington Kilbourne and Olmsted Falls, the Knights fell to a tough Clay High School team in the finals, finishing as runners up. Goals coming over the weekend from Danny Mahoney (4), Dixon Phillips (3), Eli Graeter (2), Evan Schulz and Logan Adams. This Saturday we will host our "Skate with the Team" night following our home game against Elder. Game time is 5:15 p.m. at Kettering Rec Center. Open skate should begin around 6:45 p.m. Free admission and skate rental. Sunday the Knights take on league rival Beavercreek at 3:00 p.m. Hope to see you there!



Gymnastics

The Knights competed in the Northmont Invitational on Monday, January 15th and placed 5th out of 15 teams. Two team members competed all around, Bella Bianchi placed 15th and Bella Markowski placed 17th. In individual events there were several top 20 finishes. On vault Gabrielle Wiley placed 11th and Bella Bianchi placed 15th. On bars Gabrielle Wiley tied for 4th. On beam Bella Markowski tied for 13th. On floor Aubrelle Blackburn tied for 15th. They're competing Saturday, January 20th at 9:00 a.m. in the Elk Invitational in Centerville.



Boys' Basketball

The Alter Knights are currently 10-3 (5-0 GCL). They won a tough battle on Friday at Badin 66-52. On Saturday, the Knights lost a close battle against Westminster Academy (FL). The Knights were down 18 at half, fought valiantly in the second half and even took the lead a few times in the fourth quarter, but ultimately lost by 1, 72-71. On Sunday, the Knights lost to Westerville North at Ohio Dominican. This week, the Knights only play on Friday at McNicholas. This will be another tough game as McNicholas is second in the GCL with a record of 9-4 (4-1 GCL) and has won five straight games. The program continues its strong season overall, as the Freshman team improved to 7-1 and the JV team is 7-2.





Girls' Basketball

The girls' basketball team continues to have a strong season. The girls' faced McNicholas High School on Saturday, January 10th where they came out and finished with a strong lead of 53-35. The Lady Knights then took on Solon High School on Wednesday, January 14th where they fell by only 1 point with a final score of 43-42. The girls' team is currently sitting with a record of 13-2 and still remain undefeated in the GCL at 6-0. We are very proud of our girls and the strong season they are having.

Wrestling

Last week, the Knights competed in the Catholic Invitational Tournament. This is a very prestigious tournament with a long history. The tournament was a great success as the Knights placed third amongst the smaller Catholic Schools and 8th overall out of 32 schools. The Knights only had 8 wrestlers out of 14 weight classes. The wrestlers placed as follows:

Hayden Weiss 106. 4th
Bronson Begley 113. 2nd
Luke Snyder 157. 8th
Rod Owen's 175. 1st place champion
Aiden Wilmes 215. 7th

Girls Wrestling

Alora Strauser 125. 1st place champion



Swimming

Last weekend the Alter Knights Swim team participated in the Southwest Classic swim meet. 2024 marked the 40th anniversary for the Southwest Classic which remains the largest invitational meet of its kind in the United States. This meet had 11 preliminary sites and approximately 112 schools with nearly 3,000 swimmers. The Knights had another strong showing at this meet qualifying a number of swimmers in finals. Alter's boys finished 30th with Nathan Kyre finishing 16th (400 IM), 14th (100 fly), 11th (200 fly) and 14th (100 breast); Hank McCall finished 11th (50 fly). On the girls side, they finished 7th with relays finishing 9th in the 400 Medley Relay (Nora Boillot, Emma Tenhundfeld, Annie Leibold and Emily Kyre), 4th in the 200 Free Relay (Emma T., Sarah Morrison, Annie L., and Emily K); 7th in the 200 Medley Relay (Emma T., Sarah M., Annie L., and Emily K.) and 6th in the 400 Free Relay (Emma T., Sarah M., Annie L., and Emily K.).

Girls Individual Finalists were:

Emily Kyer 50 Free (12th); 100 fly (10th) ; 100 free (15th); 200 fly (16th)
Annie Leibold 500 free (14th); 1650 Free (12th); 200 Fly (11th)
Emma Tenhundfeld 400 IM (3rd); 100 Back (3rd); 200 IM (4th); 200 Back (5th)



FINAL FORMS REMINDER

With the spring sports' seasons just around the corner, please be reminded that Alter's Athletic Department is partnered with FinalForms, an on-line program which will enable you and your student to complete and file MOST athletic forms electronically. The ONLY form that you still need to print, have a physician complete and sign, and file with the Athletic Trainers, is the actual OHSA Physical Form. Once a parent is registered on FinalForms, they will be able to access and print that form for their student's physician to fill out. The physical form must be completed by the doctor and by law Alter is required to have a signed copy on file. Once your student's completed physical is received by the Athletic Trainers, they will input the expiration date into FinalForms and then you will receive automatic notifications when your student's forms need to be updated (annually). The following link will take you to the FinalForms landing page on the Alter website, where you may register your student (if you've not yet done so), or update any necessary information as we enter the spring sports' seasons: <https://alter-oh.finalforms.com>.

ALTER ATHLETICS THIS WEEK WEEK OF 1/22 - 1/28

22

MON

23

TUE

24

WED

GIRLS BBALL

V. CJ

@CJ

(6/7:30)

25

THU

WRESTLING

V. FAIRMONT &

MIAMISBURG

@ALTER

26

FRI

HOCKEY

V. MASON

@ METRO SOUTH

(7 PM)

27

SAT

GIRLS BBALL

V. FENWICK

@FENWICK

(12:30/2)

BOYS BBALL
V. LINSLEY (WV)

@LINSLEY

(2/3:30)

HOCKEY
V. TROY
HOBART ARENA
(5:30 PM)

WRESTLING
GRIZZLY
INVITATIONAL
@WADSWORTH

28

SUN

HOCKEY

V. WHITMER

KETTERING REC

(3 PM)



• EVENTS SUBJECT TO CHANGE



EVENTS

Freshman Social

- Glow-in-the-Dark Dodgeball Social Event
- Alter HS Gym Saturday, January, 20th, 2024 7:00 p.m. -9:30 p.m.
- Wear your neon.

Look for your invitation to RSVP in your emails.

Questions: Justina Whiteley
Email: justinawhiteley@gmail.com
Phone: (m)937.572.7197

To Volunteer: [Click Here](#)



Mother-Son Shin Dig

Please know that our Mother-Son Shin Dig is coming up fast! Mark your calendars and see the details below:

- Mother-Son Shin Dig
- Saturday, February 24th from 8:00 p.m. to 10:00 p.m.
- \$20 per mother/son(s)

The Shin Dig will be held in the Joe Petrocelli Gymnasium. We look forward to seeing you there!



TMIY Men's Progam

The "That Man Is You" program is an interactive men's program that combines science and teachings of the Catholic faith as well as the wisdom of the saints to develop the vision of man. The first meeting of the "Spring Semester" will be held on January 20th at the Incarnation PAC with breakfast at 6:30 a.m. For the spring semester schedule, please [click here](#).



REMINDERS

School Office Hours:

7:30 a.m. - 3:45 p.m.

Café Menu

Please click the link below to view the menu
for next week:

[Click Here](#)

Spirit Store Hours:

Wednesdays:

10:45 a.m. - 12:30 p.m.

3:05 p.m. - 3:30 p.m.

Shop the online Spirit Store: **[Click Here](#)**

SCHOOL YEAR

FRESHMEN 1ST DAY

AUG
16

ALL 1ST DAY

AUG
17

LAST DAY OF SCHOOL

MAY
23

SCHOOL BREAKS

OCT
19

OCT
20

PARENT CONFERENCES
NO SCHOOL

DEC
21

WINTER BREAK
BACK TO SCHOOL JAN 9

JAN
8

JAN
15

MLK DAY
NO SCHOOL

FEB
16

FEB
19

PRESIDENT'S WEEKEND
NO SCHOOL

MAR
8

APR
26

NO SCHOOL

MAR
29

APR
1

APR
2

APR
3

APR
4

APR
5

GOOD FRIDAY & EASTER BREAK - NO SCHOOL

IMPORTANT DATES

OCT
6

DEC
20

MAR
7

MAY
23

END OF EACH QUARTER

MAY
17

SENIOR AWARDS
BACCALAUREATE

MAY
18

GRADUATION

EXAM SCHEDULES

1ST SEMESTER
2ND SEMESTER

DEC 15, 18, 19, 20
MAY 20, 21, 22, 23

ARCHBISHOP ALTER HIGH SCHOOL 2023-2024 CALENDAR

August

10/11: New Teacher Orientation
14: Teacher Workday
15: Teacher Workday
16: Freshman First Day
17: First Day All students
17: All School Mass
17: Fairmont Game
19: Freshman Social Backyard Party
23: Underclass Pictures followed by Senior Panoramic
23: Meet the Teacher Night 6:30-8:30pm

September

1: First Friday Mass
1-3: AlterFest
4: Labor Day - No School
13: ALTER: All Access Admissions Event - Faith and Spirit
14: All School Mass
15: Homecoming Game
16: Homecoming Dance
19-22: Kairos 117
24-25: Junior Retreat
29: Scholarship Breakfast

October

5-8: Fall Musical (The Conservatory)
6: First Friday Mass
6: End of the First Quarter
11: PSAT (No School Freshmen, Sophomores & Seniors)
12: ALTER: All Access Admissions Event - Arts and Athletics
14: Turnabout and Freshman Social Bowling
17: All School Mass
18: Pre-ACT (No School Freshmen, Juniors & Seniors)
19: Knight of Gratitude
19: No School, Parent Conferences (11-7)
20: No School

November

1: All School Mass
2: All Souls Prayer Service
3: First Friday Mass
4: Band State Competition
9: ALTER: All Access Admissions Event - Academics and Admissions
10/11: Band Grand Nationals - Indianapolis
12/13: Junior Retreat
14-17: Kairos - 118
18: High School Placement Test
20: Grandparents Day and All School Mass
22-24: Thanksgiving Break - No School
27: Giving Tree Assembly

December

1: Deadline for Class of 2028 Application, Financial Aid, Scholarships
1: First Friday Mass
7-10: Winter Play (The Conservatory)
8: All School Mass
12: Advent Reconciliation
13: Band Christmas Concert
15: Exams 1 and 2 - noon dismissal
18: Exams 3 and 4 - noon dismissal
19: Exams 5 and 6 - noon dismissal
20: Exams 7 and 8 - noon dismissal
21: Exam Make Up Day, teacher work day
21- Jan 8: Christmas Break - No School

January

8: Teacher Work Day
9: First Day for Students (Tuesday)
9: All School Mass
15: Martin Luther King Day - No School
20: Freshman Social Dodgeball
23-26: Kairos 119
27: Lip Sync Battle (The Conservatory)
28-29: Junior Retreat
29: Catholic Schools Week begins
30: All School Mass
31: Area Catholic Schools Week Mass

February

1-2: Catholic Schools Week continues
2: 1st Friday Mass
6/7: IOWA - Freshmen
9: Winter Pep Rally
14: Ash Wednesday Mass
16: No School
19: No School - Presidents Day
20-24: Alter Week of Giving
21: Alter Fund Phonathon
22: Knight of Celebration - Class of 2028
23: Knight Out Event
28: Sophomore Retreat

March

1: First Friday Mass
5: Lent Reconciliation Services
6: Class of 2028 Scheduling 4-7pm
7: End of 3rd Quarter
8: No School
8-10: Spring Musical - The Conservatory
12: All School Mass
14-17: Spring Musical - The Conservatory
19-22: Kairos 120
23-27: Senior Trip
28: Holy Thursday Prayer Service
29: Good Friday - No School

April

1-5: Easter Break
17: All School Mass
24: Band Jazz Concert
25: Freshman Retreat
26: No School

May

3: Sophomore Surprise
3: First Friday Mass
4: Prom & Freshmen Formal
7: All School Mass
6-10: AP Testing
10: Tentative PM Assembly Pep Rally
13-17: AP Testing
16: Graduation Practice for Seniors after exam
17: Senior Awards Assembly - 8:30am Gym
17: Baccalaureate Mass and Dinner 6:00pm
18: Graduation - Trent Arena - 9:30am
20: Exams 8 and 7 - Noon Dismissal
21: Exams 6 and 5 - Noon Dismissal
22: Exams 4 and 3 - Noon Dismissal
23: Exams 2 and 1 - Noon Dismissal

End of Semester

**ALL DATES ARE SUBJECT
TO CHANGE.**